

*You can light
up our lives!*



*Gliding Stars is recognized
by the Internal Revenue
Service as a 501(c)(3) not-
for-profit organization and
is registered with the New
York State Department of
Taxation and Finance as a
tax-exempt charity.*

***“I can do it! . . .
I can SKATE!”***



***Gliding Stars
of Greater
Toledo***

ADAPTIVE ICE SKATING PROGRAMS

P.O. Box 2526
Toledo, Ohio 43606
USA

Phone: 419-882-1582
E-mail: glidingstarstoledo@verizon.net
www.glidingstars.org

*Add A Star
to Our Galaxy!*



***Adaptive
Ice Skating
Program***



***Gliding Stars
of Greater
Toledo***

ADAPTIVE ICE SKATING PROGRAMS

The Sparkle of Gliding Stars . . .

For more information, please complete, detach and mail this form to the address below.

What We're About . . .

Gliding Stars is the leader in adaptive ice-skating. Founder Elizabeth O'Donnell began teaching people with physical, mental, emotional or multiple challenges to ice skate in 1976 in Buffalo, New York. Organized for national expansion of these programs in 1994, Gliding Stars provides weekly adaptive ice-skating lessons, adaptive skating equipment, volunteer training, intense on-ice volunteer support and the thrill of performing for the public in an annual Ice Show. Our Stars learn important skills that help them to improve their balance, coordination, endurance, strength and self-esteem, as well as to make friends and develop socially. There are several other Gliding Stars Chapters in Ohio, Pennsylvania, New York and Florida. We all welcome our new

Toledo, Ohio Chapter!



A fee of \$125 puts a "Star" on the ice for a whole season!

Gliding Stars provides each "Star" (as we call our skaters) with specially-designed skates, skating supportive equipment, trained Volunteer help (both on and off the ice), weekly instruction, and an Ice Show costume at no additional charge. These benefits can cost up to \$1000 more per skater, but are supported by the generosity of donors and special grants to Gliding Stars. Together, these special funds and the benefits they provide help to lower the threshold of participation in healthy activity for children and adults who



live with challenges. Some Stars have even taken their first independent steps as a direct result of their efforts in our programs. Through design and manufacturing agreements with Riedell and other equipment manufacturers, several specialized types of skates, supportive walkers and harnesses, and other protective and helpful accessories are made available to all participants. Targeted instruction for teachers and volunteers gives these on-ice helpers the effective tools they need to bring their skating Stars across barriers that might seem impossible at first, teaching them to literally dance on the ice!

Skater (Skater Fee of \$125 not due until first skating day; Reduced fee available in special circumstances. Season extends from September to April. Though we encourage early entry, skaters can apply for admission at any time, even after the season begins.)

Volunteer
(No Fee. Apply at any time.)

Name

Address

City, State, Zip Code

Phone

Email

Mail form to:

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Toledo, OH 43606

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Email: glidingstarstoledo@verizon.net